

Night vision

Hello. Welcome to Winter Holiday Heroes 2021 week 2. Try these 5 fun ideas in the school holidays.

1. Word picture

Find 10 random objects. Can you describe them to a blindfolded pal? No peeking! How many did they guess correctly?

2. Art in the dark

Grab paper and pencils. Make a room as dark as you can. Now try and draw your favourite animal in the dark.

3. Blindfold boogie

Host a blindfolded disco with family. Choose a playlist and dance like no one's watching.

4. Taste time

Try a few strongly flavoured snacks, first in the light and then blindfolded or in the dark. Are the flavours different when you can't see the snack?

5. Story night

With friends or family, take it in turns to tell a festive story. Can you use vivid descriptions so the audience can see the story in their imagination?

Are you a member of Children's University in Scotland? Don't forget to log your credits on Aspire!

