

Family Learning Challenge

Week 1

Friday 27th March

This week's theme: Autism Awareness Week

30th March - 5th April is Autism Awareness Week. Develop an understanding of autism and share your own unique talents!

How to take part:

Each Family Learning Challenge is a mini project full of fun, themed activity ideas for children while schools are closed. Each week the project will finish with a final challenge, which you can submit to Children's University and to your school community online. Share your learning with the community and keep connected with others!

1.

Make a start by completing the starter activity below...

2.

Build your project by picking from some of the fun mini activities in the grid on the second page. You can do as many as you like to explore this week's theme!

3.

Complete the final Family Challenge on the third page when you're ready, and submit it to the Children's University community online!

Make a start
here!

Watch "My Autism and Me"

Watch on [BBC Newsround special reports](https://www.bbc.com/news/health-31425238) by searching for "My autism and Me" or using this link: www.bbc.co.uk/newsround/31425238

This report shares what it feels like to live with autism and recognising that everyone is unique and has their own special skills and talents to share.

Build Your Project

Now you've made a start, pick from some of the fun follow up activities below to explore this week's topic! Take photos and share them with us and your school. Can you think of other great activities around this theme? Share them with our community!

Activity #1

We are all different and all special. Can you talk to your family about what makes you unique? Draw a picture or write it down!

Activity #2

We all find different things a challenge. What do you find difficult to do and what do you do to help you overcome it? Ask an adult what they are finding difficult just now. Can you find a way to help?

Activity #3

Write down the names of all the people in your house on different pieces of paper. Over the next few days think about what makes them special to you and write or draw this on the sheet for them.

Activity #4

It is Autism Awareness Day on the 2nd April. Can you wear something blue today to show your support for people with Autism? If you have nothing blue in your house you could make a blue badge to wear

Activity #5

The special report talks about people with autism being bullied. What can you do to be a good friend? Can you make this into a comic strip?

Activity #6

What could you do to help someone in school or at an after school club who has autism? Discuss this with someone in your house!

Family Challenge

Now you have explored this topic and taken part in some of the mini activities, it's time to complete your final mission...

Complete the *Family Learning Challenge* below, and submit your completed challenge to Children's University Scotland.

Every entry we receive will be entered into our scrapbook each week and shared with the community who helped to create it online. Take up the challenge and get involved!

This week's challenge...

Find a way to share your special talents!

Instructions: We all have talents to share with each other. Share yours with your CU friends. Choose one of the following:

- 1. Create family portrait displaying your special talents. Each hold pieces of paper with your talents written on them.*
- 2. Create a video showcasing your special talent. You might want to introduce yourself and your talent before showing us!*

Submit your challenge!

You can submit your challenge entry in the following ways:

Don't forget to include your name, age, and school. Ask an adult to help you.

1. Via Twitter

Tweet a picture of your work to [@ChildrenUniScot](https://twitter.com/ChildrenUniScot). Use the hashtags #FamilyLearningChallenge and #CUS. Don't forget to tag your school's twitter account too!

2. Via Email

Email your work to contactus@childrensuniversity.scot

3. Via Facebook

Send us a message on Facebook with a picture of your completed challenge. Our Facebook page can be found by searching for '[Children's University Scotland](https://www.facebook.com/ChildrensUniversityScotland)'.

Collect your credits!

If you have a Children's University Aspire account, you can collect 2 credits for completing the Family Learning Challenge!

Send us your entry first, and then log your credits online at www.cus-aspire.com.

Search for 'Family Learning Challenge' in the activity search to find the activity.

More activities are available at...

www.childrensuniversity.scot/cu-members/learning-at-home