

Week 4

Week 4 Goal:



\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_



Did you achieve your week 4 goal?

Yes, I did

No, not yet

Week 5

Week 5 Goal:



\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### How to use this diary

Spend some time learning music. It could be attending a music lesson with your teacher, learning about music theory or practising your instrument by yourself. The more you practise, the faster you'll learn.

Once each week, fill in a space in this diary. To do this, choose two starter questions and take some time to think about your answers. Write your answers in the space, and then set yourself a musical goal for the next week.

For each week you use this diary, you can collect a credit for Children's University. Find 'Children's University Music Diary' on Aspire to log your credit.

Did you achieve your week 5 goal?

Yes, I did

No, not yet

# Starter questions

Choose two questions each week to answer.

1. What were you learning in your practice this week?
2. What do you think and feel about the music you were playing?
3. What did you achieve this week that made you feel proud?
4. What did you find challenging or frustrating in your practice this week?
5. What skills or techniques did you improve this week, and how?
6. What do you think you could focus on next week that would help you get better?
7. What did you enjoy most about your music this week?

*Hint: Why not chat to your music teacher or someone at home about your practice if you need help getting started?*

## Week 1

Week 1 Goal:



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\_\_\_\_\_

\_\_\_\_\_

Did you achieve your week 1 goal?

Yes, I did

No, not yet

## Week 2

Week 2 Goal:



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\_\_\_\_\_

\_\_\_\_\_

## Week 3

Week 3 Goal:



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\_\_\_\_\_

\_\_\_\_\_

Did you achieve your week 3 goal?

Yes, I did

No, not yet

Did you achieve your week 2 goal?

Yes, I did

No, not yet